



Bound and Gagged presents  
**SAM AVERY**  
**The Learner Parent**



## UK NATIONAL TOUR EXTENDED UNTIL JULY 2019

Due to huge demand, **Sam Avery** has extended his national tour, adding 20 more dates, from the **10<sup>th</sup> May – 17<sup>th</sup> July** 2019. Tickets are on sale now!

Parenthood is a crafty beast. The second you master something it changes the game, so you're rubbish at it again.

Stand-up comedian, viral blogger and bestselling author **Sam Avery** (aka **The Learner Parent**) started his award-winning blog when his twin boys were born. A million nappies, Peppa Pig episodes and a head-full of hair loss later, he shares all the lows, highs and hilarious in-betweens of his experiences of first-time parenthood.

Sam's honest, messy account of wrestling with sleep deprivation and breast pumps - right through to his botched attempts at discipline and pathetic bids to stifle various toddler tantrums that definitely registered on the Richter scale - will have you testing your pelvic floor with laughter.

Suggested age guidance 16+

Website: [www.thelearnerparent.com](http://www.thelearnerparent.com)

Twitter: [@learner\\_parent](https://twitter.com/learner_parent)

Facebook: [/samaverylearnerparent](https://www.facebook.com/samaverylearnerparent)

Instagram: [/thelearnerparent](https://www.instagram.com/thelearnerparent)

### What the press have said about Sam Avery:

*"Quick wit and painfully funny"*

**METRO**

*"A gifted storyteller"*

**THE LIST**



## TOUR DATES:

10 May 2019 Derby: Landau Forte Theatre  
01332 255 800 [www.derbylive.co.uk/](http://www.derbylive.co.uk/)

11 May 2019 Twickenham: The Exchange  
020 8240 2399 [www.exchangetwickenham.co.uk](http://www.exchangetwickenham.co.uk)

14 May 2019 Leicester: The Cookie  
0116 253 1212 [www.thecookieleicester.co.uk/](http://www.thecookieleicester.co.uk/)

15 May 2019 Wolverhampton: The Slade Rooms  
01902 552 055 [www.wolvescivic.co.uk/-/home](http://www.wolvescivic.co.uk/-/home)

16 May 2019 Redditch: Palace Theatre  
01527 65203 [www.redditchpalacetheatre.co.uk/](http://www.redditchpalacetheatre.co.uk/)

17 May 2019 Worcester: Huntingdon Hall  
01905 611 427 [www.worcesterlive.co.uk/huntingdon-hall.asp](http://www.worcesterlive.co.uk/huntingdon-hall.asp)

19 May 2019 Glasgow: The Stand  
0141 212 3389 [www.thestand.co.uk](http://www.thestand.co.uk)

31 May 2019 Wellingborough: Castle Theatre  
01933 270007 [www.castletheatre.co.uk](http://www.castletheatre.co.uk)

1 June 2019 Haverhill: Arts Centre  
01440 714140 [www.haverhillartscentre.co.uk/](http://www.haverhillartscentre.co.uk/)

19 June 2019 Stockton-on-Tees: The ARC  
01642 525199 [www.arconline.co.uk](http://www.arconline.co.uk)

22 June 2019 Luton Library  
01582 878100 [www.lutonculture.com/luton-library-theatre/](http://www.lutonculture.com/luton-library-theatre/)

25 June 2019 Poole: The Lighthouse  
01202 280 000 [www.lighthousepoole.co.uk/](http://www.lighthousepoole.co.uk/)

26 June 2019 Guildford: G Live  
01483 369 350 <https://glive.co.uk/Online/>

28 June 2019 Hemel Hempstead: Old Town Hall  
01442 228 091 [www.oldtownhall.co.uk/](http://www.oldtownhall.co.uk/)

29 June 2019 Folkestone: Quarterhouse

